



# The GoodNews Connection

## Perinton Presbyterian Church

# MARCH 2025

## Coming Up at PPC...

### CONTACT US

[www.perintonpres.org](http://www.perintonpres.org)

6511 Pittsford Palmyra Road

P.O. Box 611

Fairport, NY 14450

585-223-1203

PASTOR

*Rev. Laura Fry*

[pastor@perintonpres.org](mailto:pastor@perintonpres.org)

DIRECTOR OF MUSIC MINISTRY

*M. Jerome Bell*

[musicdirector@perintonpres.org](mailto:musicdirector@perintonpres.org)

PIANIST

*Dr. Sarah Rhee-Tirré*

OFFICE ADMINISTRATOR

*Kristin Cuccia*

[office@perintonpres.org](mailto:office@perintonpres.org)

CARETAKER

*Zachary Rudy*

Join us Sundays at

8:30am and 11am with

Christian Education hour

9:30-10:30am

### Ash Wednesday

March 5th

Join us for a Souper Supper at 6pm in the Fellowship Hall.

Soup and bread will be served.

Worship service following at 7pm in the sanctuary.

### Doll Tea Party

Saturday, March 8th, 1 - 4pm

All proceeds benefit Angels of Mercy.

Tickets available on the church website.

**This month we have two special mental health events happening at PPC:**

### Eating Disorders Presentation

Tuesday, March 11th, 7pm, Fellowship Hall

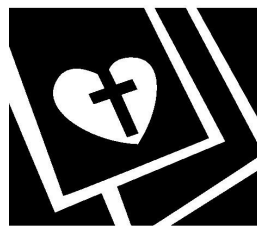
The deacons will be hosting guest speaker Linda Mazur, founder of The Emilee Connection. Linda will share her own family's journey with eating disorders and the work of her non-profit. Everyone is invited to come learn about this important topic. <https://theemileeconnection.com/>

### Motivate Change

Sunday, March 23rd, 4:30pm, Youth Room

The PPC Youth Group will welcome guest speaker, Mike Crespo, a local basketball coach and passionate advocate for mental health awareness, particularly within sports teams, churches, and schools. Coach Crespo believes that through faith in Christ and supportive community, life can change.

Youth are encouraged to come hear Coach Crespo's powerful story and be inspired!



# FROM THE PASTOR

*Be still and know that I am God!*

*Psalm 46:10*

Dear PPC,

Recently in worship I shared that over the course of the past month I have felt a profound call to listen deeply for the voice of God. I sense within my soul the need to abide more deeply in God's presence through silence and stillness in prayer.

This craving for silence is surprising because I have never before been drawn to this form of prayer. I am an extrovert, and love engaging with other people in worship and intercessory prayer and conversations about God. But silence? This is a new desire within me. Yet I see how, in a world consumed with overwhelming anxiety and turmoil, silence before God is fitting.

This Lent our church theme will invite all of us to enter into a spiritual posture of deep listening and noticing the presence of God. Together we will explore how the experience of awe—whether in creation, music, relationships, worship, or other profound encounters with the vastness of the Holy One, transforms our perception of the world. Through worship and devotional times, we will quiet our minds and hearts, entering into a spiritual posture of awe—soaking in the awe-worthy God and the awe-inspiring world God has made.

Paul Tillich, one of the major 20th Century theologians, writes of God as “the Ground of our Being”—this Lent we will seek to root our lives in the ground of God, seeking a life of spiritual depth. Let us approach this Lent with awe.

Pastor Laura

**Our 2025 Lent Devotional Resource** “Purveyors of Awe: A Guided Study and Journal” will be available for free in the narthex starting Ash Wednesday, March 5.

## **What inspires/symbolizes “awe” in your life and in God’s world?**

As part of our Lenten series, “Purveyors of Awe,” we will be collecting and displaying your photos of “awe.”

Examples include photos of nature, family/friend relationships, curiosity and wonder, an inspirational feat or person, generosity and sharing of oneself, etc.

Please email your photo to [av@perintonpres.onmicrosoft.com](mailto:av@perintonpres.onmicrosoft.com) OR use the QR code below to drop it in our shared file.



Let's share moments of “awe” with each other as we journey through this Lenten season!



## Prison Ministry of Upstate New York

During the month of March, we will once again write "Messages of Hope/Love" cards to our Brothers and Sisters in Christ who are currently incarcerated.

All messages should be signed using your first name only with no personal identifying information such as phone number or address. Your message is a way to communicate affirmation for the faith journey of the incarcerated individual.

PMUNY's Mission is to provide spiritual, educational, and financial support that enables Christian volunteers to minister to incarcerated individuals and share Jesus' message of love, healing and reconciliation.

Your messages will offer hope to those in need!

## Souper Bowl of Caring Fundraiser

Thank you so much for your support! Through the generosity of those who made soup and those who purchased soup, the PPC Youth Group was able to raise \$925 for Presbyterian Disaster Assistance help with the LA Fire Recovery.



## Work Camp 2025 Boston, MA



**July 27-August 2, 2025**

Next Step Ministries

**Sign up by February 28**

\$300 for youth (completing 7th grade and up)

Family discount of \$50 if  
you are registering 2+ youth

\$150 for adult chaperones

For more information, contact

Karen Braun at [chromagirly@gmail.com](mailto:chromagirly@gmail.com) or  
Pastor Laura Fry at [pastor@perintonpres.org](mailto:pastor@perintonpres.org)

## From the Deacons...

The Deacons held their monthly meeting on February 11 with Mary Anne Cimbricz joining us as the Session representative.

A review of the month's activities included reports from Outreach, Church Life, Session, and the Pastor, as well as the various ways we have connected with our assigned families. Soon we will be welcoming newly elected Deacons while a few will be retiring.

At the March meeting, we will be hosting a speaker from the Emilee Connection. They are experts in eating disorders and emotional challenges with an emphasis on the teen population.

Church member, McKinley Decker, has been crowned the Royal International Miss New York Junior teen. She will represent the state with a goal of cultivating confidence in young women, both locally and internationally. Congratulations, McKinley.

As always, your Deacon is just a phone call away!

## Refugee Ministries

Worship on Sunday, March 2 will include a special report and invitation from our Mission Implementation Team, with opportunities to help meet urgent needs among refugees.

### *Prayers...*

Please take a moment to pray for our newly nominated Associate Pastor Nominating Committee (APNC) as they embark on the search process.

Committee members include:

Karen Braun, Beth Farrar, Alexis Frederick, Tessa Harrington, Jonelle Kohl, Mark Stevens, Beth Storrar, and Matthew Wallace

**All submissions to the monthly newsletter must be emailed to the office by the 20th of the month at [office@perintonpres.org](mailto:office@perintonpres.org).**



# EASTER Flower Sale



Flowers purchased in honor or in memory of loved ones will be used to decorate PPC for Easter.

Order forms are available in the narthex.

## Spring Potted Flowers are \$10

### How to order:

Please return order form and payment by April 6th

Make Checks Payable to PPC – memo line “Easter Flowers”

- **By mail** Send order form and payment to the church  
PPC, PO Box 611, Fairport, NY 14450
- **In person** Place in the offering plate
- **By credit card** Drop off order form to the church office

### For Credit Card Payments:

- ⇒ Please go to [perintonpres.org](http://perintonpres.org) or QR Code
- ⇒ Select Give, then Give Online Here
- ⇒ Select “Flowers” from the dropdown
- ⇒ AND mail in your form in honor/memory indicating you paid by credit card



## Spring Fair

Sunday, April 6th, 9:30am

This event is a cherished PPC intergenerational tradition and outreach. Crafts, games, and activities designed for children to do with their parents and grandparents will take place in the Fellowship Hall. All ages are encouraged to be part of the fun. Please bring friends or family to introduce them to PPC. If you'd like to help, a sign up will be in the narthex.

## New Members' Class

Monday, April 7, 6pm

Are you new to PPC and interested in exploring membership? Have you been with us for a while and are looking for the right time to become a member? You are invited to join our New Members' Class for dinner and a time of learning about PPC. This is a one-time class, followed by the opportunity to become a member.

Contact Pastor Laura Fry ([pastor@perintonpres.org](mailto:pastor@perintonpres.org)) to sign up.



Introducing

# The PPC Church App

Church App - Tithe.ly

<https://tithe.ly/app.link/perinton-presbyterian-church>



## Having our church in your pocket

Opportunities to maintain connections beyond Sunday mornings!

- ✔ **Be Encouraged-** Prayer Wall, Sermon Notes, Audio Sermons, Videos
- ✔ **Stay Connected with Push Notifications, Events Calendar, Announcement Slides**
  - General Push Notifications only come from PPC-NOT the vendor. PPC may utilize push notifications to all users in order to communicate important updates & info.

**Prayer Wall:** Create Prayer Requests, indicate that you will pray, comment

- All posts/comments have to be approved by admin

**Sermon Notes:** Links to bulletin, scripture readings, take personal notes/reflections

- Users can save notes to their app account or email to themselves

### Questions?

Contact Sonya Verrillo at [sonyaverrillo@gmail.com](mailto:sonyaverrillo@gmail.com).

## Update from the Associate Pastor Nominating Committee (APNC)

The search for PPC's next Associate Pastor (AP) has begun! During Nov-Dec, a tiger team of four PPC members worked to compile the Ministry Discernment Profile (MDP), which is the "job description" for the AP role, including responses to several narrative questions about PPC. Once that was approved by session in December along with the recommended Terms of Call, the APNC officially kicked off our work to understand the process involved with sharing the open position through the Church Leadership Connection (CLC) website which helps to match churches with pastors looking for new opportunities. On January 22nd, the committee met with John Odom, Executive Presbyter, and Chris Hinds, Committee on Ministry Rep, to get an orientation of the process and to have the opportunity to ask questions. Additionally, the committee compiled a list of desired competencies and potential candidate questions/responses in preparation for receiving candidate applications. We are happy to report that we have received some of our first applications and will be reviewing together as a committee on March 2nd.

Sincerely,

Mark Stevens-Chair, Beth Farrar-Vice Chair

Karen Braun, Alexis Frederick, Tessa Harrington, Jonelle Kohl, Beth Storrar, Matthew Wallace



### TV Today

Friday, March 14 @ 1pm in  
the Fellowship Hall  
Learn about smart TVs and alternatives  
to cable, such as streaming services  
and Roku.

### Mindfulness

Tuesday, March 25 @1pm in  
the Fellowship Hall  
Learn about mindfulness  
and mediation.

### First Friday Dinner

March 7 at 6pm @ Flaherty's  
Contact is Mary Anne Cimbricz  
at [ilv2sellroc@gmail.com](mailto:ilv2sellroc@gmail.com)

### 3rd Friday Lunch Bunch

March 21 at noon in Fellowship Hall  
Theme: Bring any dish to share!  
Contact is Linda Knickerbocker  
at [dlknick@rochester.rr.com](mailto:dlknick@rochester.rr.com)

### Thursday Game Night

7pm each week  
on the lower level  
Contact is Chris Routier at  
[routier.cjr@gmail.com](mailto:routier.cjr@gmail.com)



## Chancel Flowers

If you would like to sponsor a Sunday morning arrangement to honor someone, remember someone, or celebrate a special occasion, please contact Nes Rideout at (585) 425-1714 or [agnes.rideout@gmail.com](mailto:agnes.rideout@gmail.com).

Thank you!

Karen Bragg, Karen Braun, Kirk Burrill, Rebekah Burrill, Ann Castle, Barbara Connelly, Mary Cooney, Colleen Cronenberger, Bryant Decker, Finlee Driscoll, Hudson Drost, Claudia Elliott, Kyle Embling, Sylvia Frederes, Lydia Fry, Barbara Graser, Walt Hahn, Glenda Hastings, Bob Kendall, Joelle Krueger, Matthew Kulp, Londyn Meyers, Ann Muscosky, Tori (Force) Page, Kevin Patterson, Shelley Patterson, David Pulver, Melanie Schraver, Violet Schraver, Christine Scoppa, Lucas Scoppa, Tyler Smith, Beth Storrar, Julia Stuart, Corie Teeter, Hannah Teeter, Anthony Verrillo, Clark Wackerman, Lindsay Ward, Rebecca Wood, Don Wood



Happy **MARCH** Birthday to these members  
of our church family!!!



*May He give you the desire of your heart  
and make all your plans succeed. Psalm 20:4*



**YOUTH GROUP**  
**Sunday, March 23 @ 4:30pm**  
Motivational Speaker  
Mike Crespo



### **Save the Date!**

We are welcoming an amazing community leader, Mike Crespo, as our guest speaker. Coach Crespo is Reed Cuccia's basketball coach AND founder of Motivate Change, an inspiring line of apparel. He is passionate advocate for mental health awareness, particularly within sports teams, schools and community outreach centers.

As a man of strong Christian faith, Coach Crespo believes that through faith, life can change. In his talk, Coach Crespo will share his personal experiences and insights, emphasizing the importance of emotional resilience, self-awareness, and open communication. By creating a safe space for honest conversations, he encourages athletes and students to prioritize their mental health, fostering a culture where vulnerability is seen as a strength, not a weakness. His mission is to equip individuals with the tools they need to navigate stress, pressure, and mental challenges, both on and off the field.

Through his work with Motivate Change, Coach Crespo is helping to redefine how mental health is understood in the world of sports and education, aiming for a more supportive and empathetic future. He also promotes positive change through his apparel, using it as a platform to raise awareness and inspire others to embrace mental well-being and resilience.

Motivate Change apparel will be available for purchase after the event.



# SESSION REPORT

The session met February 4, 2025, 7pm in the Fellowship Hall. We were joined by deacon representative Laura Decker.

We opened with prayer and a devotional based on Jesus' words, "The wise man built his house on the rock..."

We noted that the church dishwasher is not to be used until sewer repairs are made. Use of the dishwasher has been identified as a major source of increasing the sewer smell in the sanctuary. AP Plumbing is preparing a quote for comprehensive plans to address this issue, which has unfortunately increased in recent years. Previous management strategies are no longer effective. Please plan to use either disposable products or wash dishes by hand for the foreseeable future until full repairs can be made.

A new members' class will be held April 7, 2025, at 6pm.

We approved the final version of the Associate Pastor Ministry Discernment Profile, including congregational references and terms of call. These documents have now also been approved by the Committee on Ministry of our presbytery, and will be posted later this month to the Church Leadership Connection database of the denomination, so that we can begin receiving applicants.

We discussed and voted on appropriate limited access to giving information. If you wish to learn more about this please contact the church office.

We reviewed and discussed in depth the Liberty Wireless proposal for an easement for additional communications equipment in the church. We identified areas where clarification and revision to the proposal are desired. The Finance Committee will work with Liberty Wireless and bring a revised proposal to session in March.

We received the pastors' report and strategies identified in collaboration with the Personnel Committee in order for Pastor Laura Fry to maintain the appropriate work-life balance in the absence of a youth director and additional pastoral care provider. Two of the action steps are that Laura will be working remotely on Thursdays and that those who wish to meet with her contact her via email or phone in advance to schedule an appointment.

Jeff Saylor, Chair of the Mission Implementation Team (MIT), reported on the impact of federal changes to funding for newly arrived refugees and the impact on PPC mission partners World Relief and El Shaddai. The MIT will be meeting next week to identify specific action steps, which will then be recommended to session.

Clerk of Session Barbara Jackson reported on the annual statistical report and on the January 28, 2025 presbytery meeting. She noted that our new executive presbyter John Odom has currently completed visits with one third of the churches and pastors in the presbytery (including Pastor Laura as well as PPC's Associate Pastor Nominating Committee). One key theme John has heard in these conversations is the desire of pastors and congregations to transition from a presbytery model that emphasizes 1. Regulations, 2. Resources, 3. Relationships to one that prioritizes 1. Relationships 2. Resources 3. Regulations.

Mary Anne Cimbricz will serve as our elder attendee for the February 11 Deacons' meeting.

We shared joys and concerns and adjourned with prayer.

The next meeting of session will be March 4, 7pm.

# Perinton Presbyterian Church

6511 Pittsford-Palmyra Road

## Mailing Address

PO Box 611

Fairport, NY 14450

Tel (585) 223-1203

office@perintonpres.org

Website: www.perintonpres.org

Rev. Laura Fry, Pastor

M. Jerome Bell, Director of Music Ministry

Dr. Sarah Rhee-Tirré, Pianist

Kristin Cuccia, Office Administrator

Zachary Rudy, Caretaker

## Worship Times:

Sundays at 8:30am and 11am

In-Person, Online, or Call-In Option

# The GoodNews Connection

Perinton Presbyterian Church  
6511 Pittsford-Palmyra Road  
P.O. Box 611  
Fairport, NY 14450-0611

